Fry Instant Phrases

The words in these phrases come from Dr. Edward Fry's Instant Word List (High Frequency Words). According to Fry, the first 300 words in the list represent about 67% of all the words students encounter in their reading.

First 100 Words/Phrases

I HBC 100 TTOT UB/I HI UBCB		
The people	A long time	Now is the time
Write it down	We were here	An angry cat
By the water	Have you seen it?	May I go first?
Who will make it?	Could you go?	Write your name.
You and I	One more time	This is my cat.
What will they do?	We like to write.	That dog is big.
He called me.	All day long	Get on the bus.
We had their dog.	Into the water	Two of us
What did they say?	It's about time	Did you see it?
When would you go?	The other people	The first word
No way	Up in the air	See the water
A number of people	She said to go	As big as the first
One or two	Which way?	But not for me
How long are they?	Each of us	When will we go?
More than the other	He has it.	How did they get it?
Come and get it.	What are these?	From here to there
How many words?	If we were older	Number two
Part of the time	There was an old man	More people
This is a good day.	It's no use	Look up
Can you see?	It may fall down.	Go down
Sit down.	With his mom	All or some
Now and then	At your house	Did you like it?
But not me	From my room	A long way to go
Go find her	It's been a long time.	When did they go?
Not now	Will you be good?	For some of your people
Look for some people.		Second 100
I like him.		Over the river
So there you are.	Give them to me.	My new place
Out of the water	Then we will go.	Another great sound

Take a little Set it up. Give it back. Only a little It's only me. I know why. Three years ago Live and play A good man After the game Most of the animals Our best things Just the same My last name That's very good Think before you act Mother says to now. Where are you? I need help. I work too much. Any old time Through the line Right now Mother means it. Same time tomorrow Tell the truth A little boy The following day We came home. We want to go. Show us around. Form two lines. A small house also Another old picture Write one sentence.

Put it there. Where does it end? I don't feel well. My home is large. It turned out well. Read the sentence. This must be it. Hand it over. Such a big house The men asked for help. A different land They went here. Get to the point. Because we should. Even the animals Try your best. Move over. We found it here. Study and learn Kind of nice Spell your name. The good American Change your clothes Play it again. Back off. Give it away. Answer the phone. Turn the page. The air is warm. Read my letters. It's still here. Where in the world. We need more.

I study in school. I'm an American. Such a mess Point it out Right now It's a small world. Big and small Home sweet home Around the clock Show and tell You must be right. Tell the truth. Good and plenty Help me out It turned out well. It's your place. Good things I think so. Read the book.

<u>Third 100</u>

Near the car Between the lines My own father In the country Add it up Read every story Below the water Plants and flowers Will it last? Keep it up. Plant the trees. Light the fire. The light in your eyes In my head Under the earth We saw the food. Close the door. The big city We started the fire. It never happened. A good thought Stay a while. A few good men Don't open the door. You might be right. It seemed too good. Along the way Next time It's hard to open. Something good For example In the beginning Those other people

A group of friends We got together. We left it here. Both children It's my life Always be kind Read the paper. Run for miles Once upon a time Do it often. We walked four miles. Until the end A second later Stop the music. Read your book. Sing your song. State your case. I miss you. A very important person On my side I took the car. So far so good The young girl My feet hurt. The dark night A good idea It began to grow. Watch the river. White clouds Too soon Leave it to me. I hear the waves. Almost enough

It's time to eat. Let me carry it. Near the sea Talk to my father. The young face The long list My family I cut myself. Above the clouds Watch the game. The peaceful Indians Without a care I like being on the team. The tall mountains Next to me A few children A long life A group of Indians He started to cry. I hear the sea. An important idea The first day of school Almost four miles

Is it really true?

<u>Fourth 100</u>

The color of the sun Answer my questions. I knew that dog. I heard the music. The problem was easy. My friends knew. Birds and fish Stand in the room Ever since I knew you The red door Are you sure? Across the town The horses compete Easy does it. Didn't I tell you? The best body I feel better The whole piece I told you. I reached the top. It happened today. Listen to the wind. Mark your paper. However you like it He covered himself. Several black tables Measure the area. Toward morning Black and blue Usually I am right Five hundred products Remember my order Fish and chips

Rock and roll Against all odds Early in the morning During the war The dogs become quiet North and south I'll draw a picture The ship hit the waves A short vowel sound Tried and true I noticed the fire. Farm and field The king's voice Travel slowly I'm low on money. The king was seen. Twenty-four hours a day The horse pulled hard. We covered the ground. Step carefully. Hold fast. It passed quickly. Once upon a time The wood was on fire. A map of our town We need more space. Cold and hungry Plan your day. I am certain. Go figure. Don't fall down. Follow the pattern. We cried for hours. A big unit

No problem What happened here? Learn your numerals. Down on the farm Sing your song. Walk slowly. Several friends The big red dog Listen to your friends The birds sing A hundred dogs I'll remember you. Today was better. A fast ship A hundred black birds Some travel money The whole thing We heard the king sing Across the town Sing to the music. The best products South of town

<u>Fifth 100</u>

The shape of things Bring the material here What did it contain? The force is with you. All systems are go. Power to the people We built that house. Include me in the picture I cannot do this. Who brought the cake? Though it is now over. Feel the warm ocean An English muffin A green island The round ball Last week A special day I object to that The surface of the ocean The first course is soup. Check the facts It's strong material. Inside the building State government Think quickly The stars came out. The English language Thousands of years ago Circle the wagons An English road It's half done. I gave her a box. I'll wait till ten.

Oh boy. The stars shone. A good person The island was warm. It's finally over. I feel strong. The surface of the ocean He decided quickly. Inside the box Six years ago Less than a week The green machine Fly the plane. Stay on the boat. The deep ocean The dry ground Six smart scientists The round ball We ran behind it. Explain it carefully The facts are known. Across the street Nouns and verbs A correct answer I am fine. Bring a thousand balls. We cannot lose. The front wheels Twelve inches to a foot. Ten more minutes He stood his ground. The rest of the class The light shown brightly A common language

It became clear It's a special game. Go to first base Read the note. Not yet. The race course The ball game A dark night A pair of stars The rules of government I understand now. The size of the building Check the heat A math equation The answer is yes. It was filled with water. Nothing is final. The heavy object We are able to produce We're in hot water. Among my family My circle of friends

Sixth 100

It doesn't matter Pay the bill. I can't do it. A region of Europe The farmers are ready Anything can happen. Two syllables I love to dance. Members of the class Dance is exercise The window is square The cells divided. I suddenly felt ill. The bright moon The center of the earth In my direction The test was hard. Perhaps we should. Drop the ball. I wish it were summer. It's cold in winter. The answer is a sum. Sit on the wall. I'll probably return. A lot of energy My teacher is happy I believe you. The general is in charge. Math is a hard subject. The store sells paint. My arms and legs I love the flowers. Rain may cause a flood.

Heart and mind I sat on the eggs. The fast train It made the difference. We picked fruit. In the distance A simple story Go the distance. Train your mind. The blue sky A good cause The main difference Race past the sign. It kept my interest. Sign your name here. A wild race She finished first. A beautiful present The glass window He developed a rash. My oldest brother A written paragraph The length of the car A good reason Meet me here. The weather instruments Beside the wild river A good job The sharp edge The soft clothes I represent my family. Drive to the west. Lay on your side. The forest in the west

In two months The tree root My parents raised me. Shall we go? I broke the record. A million flowers Six months ago It was the third strike. Whether or not He discovered a cure. Gone with the wind He held her hand tightly. Describe your brother. Blue paint The town square The full moon I believe in you. It probably will happen. Anything you want Keep your interest high What's the difference? A beautiful summer day Full of energy